

Kitchen Uses



Dishwashing (hand)

DILUTION: 2–4 TBSP TO 500ML WATER
IN A PUMP/SQUIRT BOTTLE.

METHOD: WASH DISHES, RINSE WELL.

Dish Washer

METHOD: ADD 1 TBSP TO THE DISHWASHER
COMPARTMENT.

TIP : ADD VINEGAR TO RINSE

General Surface Spray Cleaner

DILUTION: 1–3 TBSP TO 500ML WATER.

METHOD: SPRAY ON SURFACES, WIPE CLEAN.

Fruit & Veggie Wash

DILUTION: 1 TSP TO 1 LITRE WATER.

METHOD: SOAK PRODUCE, RINSE WELL.

Cream Cleanser for Pots, Pans & Ovens

INGREDIENTS: 1 TBSP DR PLANET, 1 CUP
BICARB, WATER .

METHOD: ADD DR PLANET TO BICARB,
ADD WATER UNTIL IT FORMS A PASTE OR
THICK LIQUID TO YOUR LIKING. SCRUB
AND RINSE.

Wet Kitchen Wipes

INGREDIENTS: 1 TBSP DR PLANET, 2
CUPS WATER, 1 PAPER TOWEL ROLL,
SEALABLE CONTAINER.

METHOD:

- MIX DR PLANET AND WATER.
- POUR HALF INTO THE CONTAINER.
- INSERT PAPER TOWEL ROLL (CUT IN HALF IF NEEDED).
- REMOVE CARDBOARD TUBE.
- POUR IN REMAINING LIQUID, SEAL, LET ABSORB.